



PROFESSIONALS TREATMENT
At
**SEASONS
IN
MALIBU**

What is a CDE designed to do?

- (a) Determine whether or not the professional meets DSM-5 criteria for a Substance-Related or Addictive Disorder and/or any other psychiatric disorder(s).
- (b) Assess whether or not the professional is currently safe to work.
- (c) Recommend what treatment, if any, will be best suited to restore the professional's health and wellbeing in preparation for their return to work.

At Seasons in Malibu, we conduct our Clinical Diagnostic Evaluation (CDE) in accordance with guidelines established by the American Psychiatric Association, the American Society of Addiction Medicine, the Federation of State Medical Boards and the Federation of State Physician Health Programs.

Professionals Evaluation Program

Malibu, CA

Seasons in Malibu
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Clinical Diagnostic Evaluations (CDE)
for Licensed Professionals



Who benefits from a CDE?

Licensed professionals who conduct safety-sensitive operations; e.g., physicians, nurses, therapists, airline pilots, aviation mechanics, police officers, shipboard personnel and emergency medical services personnel.



What is the process?

Seasons in Malibu is proud to have received the highest standard for care and national certification from the Commission on Accreditation of Rehabilitation Facilities (CARF).

Key elements of our CDE process:

- A confidential telephone interview with our Program Director prior to admission.
- History and physical, laboratory studies and drug screening conducted by a board certified internal and addiction medicine physician.
- Psychiatric assessment.

- Bio-Psycho-Social Interview with a licensed and highly seasoned psychologist.
- Collection and review of pertinent collateral information.
- Computer-based personality and cognitive testing conducted and reviewed by a second clinical psychologist.
- Ongoing communication with those involved in the evaluation's outcome.

- A review of our preliminary findings with the CDE Team during the Exit Interview on the last day of the evaluation.
- Final reports, including the Integrated Discharge Summary, will be sent out as soon as we have received and reviewed all pertinent information (e.g., laboratory studies, drug screens, collateral information) no later than two weeks after exit interview.